

Name:

Circle lunch selections:

November				
29	30	31	1	2
<u>Natural Hot Dog</u> Veggies w/dip <u>Veggie Cheddar Wrap</u> Seasonal Fruit <u>Garden Salad</u>	<u>Sloppy Joe</u> Fruit and Carrot Sticks Made with ground Turkey <u>Hummus Wrap</u> Seasonal Fruit	<u>Chicken Nuggets</u> Garden salad and fruit <u>Veggie Bagel</u> Seasonal Fruit <u>Garden Salad</u>	<u>Potato Cheese Soup</u> Salad & Crackers <u>Turkey Bagel Sandwich</u> Seasonal Fruit <u>Chef Salad</u>	<u>Baked Pasta</u> w/ mozzarella Seasonal Fruit <u>Turkey Wrap</u> Seasonal Fruit <u>Garden Salad</u>
5	6	7	8	9
<u>Breakfast Bagel</u> Sausage and cheddar bagel sandwich w/yogurt parfait <u>Yogurt Parfait</u> With granola & seasonal fruit	<u>Cheese Quesadilla</u> Pinto Bean Salad w/fruit <u>Chicken Taco Salad</u> Pinto Bean Salad Greens w/ Corn Chips	<u>Cheese Pizza</u> Garden salad and fruit <u>Turkey Wrap</u> Seasonal Fruit <u>Garden Salad</u>	<u>Teriyaki Chicken</u> w/steamed rice <u>Veggie Bagel</u> Seasonal Fruit <u>Garden Salad</u>	<u>Bean and Cheese Burrito</u> Rice and Vegetables <u>Chicken Wrap</u> Rice and Vegetables
12	13	14	15	16
<u>Natural Hot Dog</u> Veggies w/dip <u>Veggie Cheddar Wrap</u> Seasonal Fruit <u>Garden Salad</u>	<u>Burger</u> Fruit and Veggies Made with ground Turkey <u>Cheese Burger</u> Fruit and Veggies Made with ground Turkey <u>Hummus Wrap</u> Seasonal Fruit <u>Garden Salad</u>	<u>Chicken Nuggets</u> Garden salad and fruit <u>Veggie Sandwich</u> Veggie w/dip <u>Garden Salad</u>	<u>Minestrone Soup</u> Salad & Crackers <u>Turkey Wrap</u> Garden salad and fruit <u>Chef Salad</u>	<u>Hot Turkey & Cheddar Bagel</u> Fruit & w/Corn Chips <u>Veggie Bagel</u> Fruit & w/Corn Chips <u>Garden Salad</u>
Thanksgiving Break 19 th -23 rd				
26	27	28	29	30
<u>Meatball Sandwich</u> Apple Sauce <u>Veggie Sandwich</u> Seasonal Fruit <u>Garden Salad</u>	<u>Crispy Chicken Sandwich</u> Fruit & Veggies <u>Crispy Chicken Sandwich w/Cheese</u> Fruit & Veggies <u>Veggie Bagel</u> Fruit & Veggies <u>Garden Salad</u>	<u>Cheese Pizza</u> Garden salad and Fruit <u>Turkey Wrap</u> Seasonal Fruit <u>Garden Salad</u>	<u>Breakfast for Lunch</u> Pancakes w/fresh fruit w/ pork sausage <u>Breakfast for Lunch</u> Pancakes w/fresh fruit w/ granola yogurt <u>Yogurt Parfait</u> With granola	<u>Natural Cheese Nachos</u> Black Bean Dip w/fruit <u>Turkey Sandwich</u> Seasonal Fruit <u>Garden Salad</u>